



**ASHGABAT**  
23-28 NOVEMBER  
2023

# OFFICIAL REGULATIONS

**IKA XIV World Kurash Senior Championships**

**IKA DC Meeting**

**IKA Congress**

**IKA Elections**

**International Testing Agency Seminar (ITA)**

**IKA Referring Seminar / 2-3 Star Exam**

**IKA Coaching Seminar / "B" License Exam**

**Ashgabat, Turkmenistan**

**23-28 November 2023**

IKA XIV World Senior Kurash Championship / IKA Congress

[www.kurash-ika.org](http://www.kurash-ika.org) e-mail: [info@kurash-ika.org](mailto:info@kurash-ika.org)



**To: IKA National Federation Members**

**DATE: September 05, 2023**

Dear Colleagues,

I am pleased to invite all IKA National Federation Members to participate in the IKA XIV World Kurash Championship and IKA Congress, which will be held in Ashgabat, Turkmenistan, on November 23-28, 2023.

World Championship is the biggest event of the IKA, and we would like you to join us to celebrate this glamorous event.

Finally, I would like to thank the government of Turkmenistan and the Turkmenistan Kurash Federation for all the hard work and support.

I am looking forward to welcoming you all in November in Ashgabat.

**Sincerely,**

**Haider A Farman  
IKA President**



**Кому: Членам Национальных федераций ИКА**

**ДАТА: 05 сентября 2023 года**

Дорогие коллеги,

Я рад пригласить всех членов Национальных федераций ИКА принять участие в XIV чемпионате мира по Курашу ИКА и Конгрессе ИКА, которые пройдут в Ашхабаде, Туркменистан, с 23 по 28 ноября 2023 года.

Чемпионат мира - крупнейшее событие ИКА, и мы хотели бы, чтобы вы присоединились к нам, чтобы отпраздновать это грандиозное событие.

Наконец, я хотел бы поблагодарить правительство Туркменистана и Федерацию Кураш Туркменистана за всю тяжелую работу и поддержку.

Я с нетерпением жду возможности поприветствовать всех вас в ноябре в Ашхабаде.

**Искренне,**

**Хайдер А Фарман  
Президент ИКА**



## **Aux membres de la Fédération internationale de Kurash (IKA)**

**DATE : 05 septembre 2023**

Chers collègues,

J'ai le plaisir d'inviter tous les membres de la Fédération internationale de Kurash (IKA) à participer au XIVe Championnat du monde de Kurash et au Congrès de l'IKA, qui se tiendront à Achgabat, au Turkménistan, du 23 au 28 novembre 2023.

Le Championnat du Monde est le plus grand événement de l'IKA, et nous aimerions que vous vous joigniez à nous pour célébrer cet événement glamour.

Enfin, je voudrais remercier le gouvernement du Turkménistan et la Fédération de Kurash du Turkménistan pour tout leur travail acharné et leur soutien.

J'ai hâte de vous accueillir tous en novembre à Achgabat.

**Sincèrement,**

**Haider A Farman**  
**Président de l'IKA**



**A: Todos los Miembros de las Federaciones Nacionales afiliadas a la IKA**

**FECHA: 05 de septiembre de 2023**

Distinguidos colegas,

Me complace invitar a todos los miembros de las Federaciones Nacionales afiliadas a la IKA a participar en el XIV Campeonato Mundial de Kurash y en el Congreso Ordinario de la IKA, eventos que se celebrarán en Ashgabat, Turkmenistán, del 23 al 28 de noviembre de 2023.

El Campeonato Mundial es el evento más grande de la IKA y nos gustaría que te unas a nosotros para celebrar este evento glamoroso.

Finalmente, me gustaría agradecer al gobierno de Turkmenistán y a la Federación de Kurash de Turkmenistán por todo el arduo trabajo y apoyo.

Espero darles la bienvenida a todos en noviembre en Ashgabat.

**Atentamente,**

**Haider A. Farman**  
**Presidente**  
**International Kurash Association (IKA)**



## **Program of Championship**

<b>23 November (THU)</b>	00.00-24.00	Arrival of Directing Committee of International Kurash Association (IKA)/ VIP guests/ International Technical Officials (ITO), Official Referees /Seminar Experts / IKA Staff	Ashgabat International Airport and border points
	00.00-24.00	Registration and accreditation	“Sports” and “Athletes” hotels in the Olympic village of Ashgabat
	18.00-20.00	Coordination meeting/ TD/Sport Director/OC/Seminar Experts	“Sports” hotel in the Olympic village of Ashgabat
<b>24 November (FRI)</b>	00.00-24.00	Registration, accreditation, of all participants, Yakhtak Hand Over for sewing back NOs	“Athletes” hotel in the Olympic village of Ashgabat
	18:00-19:00	Opening ceremony for Coaching and Refereeing Seminar	“Sports” and “Athletes” hotels in the Olympic village of Ashgabat
<b>25 November (SAT)</b>	09.00-13.00	ITA seminar	“Sports” and “Athletes” hotels in the Olympic village of Ashgabat
	10:00 - 12:00	International Kurash Association (IKA) DC Meeting	
	14:00 - 18:00	International Kurash Association (IKA) Congress and Elections	
	00.00 – 24.00	Accreditation, Yakhtak Hand Over for sewing back NOs	
<b>26 November (SUN)</b>	09:00 -13:00	International coaches’ seminar International refereeing seminar	Martial arts sports complex of the Olympic village of Ashgabat
	13:00 – 15:00	Break	
	15:00 - 17:00	International coaches’ seminar International refereeing seminar	
	14:00 – 17:00	Meeting of the organizing committee of the championship	“Sports” and “Athletes” hotels in the Olympic village of Ashgabat
	17:00 - 18:00	Technical Meeting	
	18:00 - 19:00	Official Draw – All Catagories	
	20:00 - 23:00	Reception in honour of the XIV world championship- Hosted by the LOC	“Sports” hotel in the Olympic village of Ashgabat



<b>27 November (MON)</b>	07:00 - 07:30	Un-Official weigh-in (men and women)	“Athletes” hotel in the Olympic village of Ashgabat
	07:30 - 08:30	Official weigh-in (men and women) <b>Weight categories:</b> Men: + 100; -100; -90 kg. Women: -70; -63; -57; -52; -48 kg.	
	10:00 - 13:00	Preliminaries	Martial arts sports complex of the Olympic village of Ashgabat
	14:00 - 15:00	Lunch/ break	“Sports” and “Athletes” hotels in the Olympic village of Ashgabat
	15:00 - 16:00	Opening ceremony	Martial arts sports complex of the Olympic village of Ashgabat
	16:00 - 18:00	Quarter-finals and semi-finals	
	18:00 - 19:30	Finals (men and women) Awarding ceremonies	
<b>28 November (TUE)</b>	07:00 - 07:30	Un-official weigh-in (men and women)	Martial arts sports complex of the Olympic village of Ashgabat
	07:30 - 08:30	Official weigh-in (men and women) <b>Weight categories</b> Men: -81; -73; -66; -60 kg. Women: + 87; -87; -78 kg	
	10:00 - 13:00	Preliminaries	
	14:00 - 15:00	Break/ lunch	“Sports” and “Athletes” hotels in the Olympic village of Ashgabat
	15:00 - 18:00	Quarter-finals and semi-finals	Martial arts sports complex of the Olympic village of Ashgabat
	18:00 - 19:30	Finals (men and women) Awarding ceremonies	
<b>29 November (WED)</b>	00.00 – 24.00	Departure for all	



## 1. **Eligibility of Athletes and Weight Categories**

- A. Senior athletes are eligible to participate (minimum age 17 years old)
- B. Male: -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, +100kg
- C. Female: -48kg, -52kg, -57kg, -63kg, -70kg, -78kg, -87kg, +87kg
- D. Each Nation can enter a maximum 1 player in each weight category
- E. All players must be citizens of the country they represent to compete

## 2. **Competition System**

Elimination system (knock out), if five (5) or fewer players in one weight category Round Robin system will apply

## 3. **Competition Rules**

In accordance with IKA (EOR)

## 4. **Referees**

Only selected 2-star or 3-star IKA referees can attend the World championships (unless approved for taking the IKA Refereeing Exam).

## 5. **Registration**

### A. Athletes:

- IKA affiliated National Federations can send only one (1) athlete in each weight category who is already registered in the IKA system;
- One (1) reserve athlete per weight category may be entered in the final entry form. It is also permissible for a nation to substitute one (1) athlete for another at any time before the start of the draw, provided that the substitute athlete has been entered as a reserved one for that weight category or any other weight category;
- Similar Martial Arts ranking players cannot participate at the World Kurash Championships.



B. Coaches:

- All coaches must have the IKA certification, which IKA will check at the time of registration, as without the IKA certification, they will not be allowed to obtain an accreditation card.

C. Referee Exam:

- The cost of the refereeing exam is USD 200 for 2 Star/USD 300 for 3 stars; after online registration and checking the candidate's experience, IKA TD will send a confirmation.

D. Congress Delegates:

- Congress Delegates shall register through the IKA HQ Office, completing the required forms. The candidates seeking positions at the IKA Elections must be present at the IKA Elections.

6. **Requirements**

A. All athletes must bring to the official Weigh-In the following documents:

- Passport or
- Accreditation Card with valid photo.

B. Athletes Uniform:

- All players must use IKA-approved and standard Kurash uniform – Yakhtak (blue and green)
- Any player who doesn't follow the requirement of yakhtak will be Disqualified.

7. **Transportation**

A. Airport Reception:

- All participants will be welcomed at Ashgabat International Airport. **(ASB)**

B. Border Reception:

- Border Pickup by land is available upon request for neighbouring countries.
- There will be a welcome desk to guide all teams at the points of arrival and departure
- The LOC will provide local transportation between the Hotel, Competition Venue and Training Venue(s) during the Championships Period
- The LOC will also provide pick up and drop off at the airport / or up-to-border point



## 8. **Accommodation for Team Delegations**

- A. Room Rates for Team Delegations are as follows:
- For double occupancy (2 persons per room)
    - US\$ 70 per person per day, including 3 meals
  - For single occupancy (1 person per room)
    - US\$ 100 per person per day, including 3 meals
- B. Payment of Hotel Room Charges:
- All delegations must pay the full room charges at the time of registration in CASH and US\$ only, as the Organizing Committee will not be able to accept any other form of payment
  - Delegations will not be allowed to receive accreditations and hotel room keys if they do not first clear the payment of full hotel room charges.
- C. Check-In and Check-Out:
- The room rates provided for the Event only apply from Nov **23-28** (at 12 noon);
  - Team Delegations choosing to arrive earlier and/or stay longer than the Event Period must pay the official room rate of US\$ 100 per person per day, including 3 meals.
- D. Extra Team Officials:
- Team Official are allowed to stay at the Team Delegation Hotel at their own expenses;
  - LOC assistance can only be given in finding rooms in a different hotel than the Team Delegation Hotel, if there are no free rooms available.

## 9. **Insurance**

All participants are requested to get their own travel and medical insurance. LOC will provide liability insurance only at the Competition Venue for all participants.

## 10. **Doping Control**

Doping control shall be conducted under the IKA Anti-Doping Rules and following the World Anti-Doping Code under the supervision of the ITA International Testing Agency.

11. **Medals**

Gold, Silver and 2 (two) Bronze Medals will be awarded to the winners in each weight category, along with diplomas.

12. **Training Facility**

The LOC will provide the required training facilities from 23-26 November (information will be provided upon arrival).

13. **Final Registration Form**

- A. The deadline for registration is **09 November 2023**
- B. The deadline to apply for visa is **09 November 2023**
- C. The deadline for arrival is November 25 at 12:00-24:00, and departure November 29 at 12:00 noon **2023**

14. **Visa**

The LOC will grant assistance to all delegations on Visa matters.

15. **Registration Link:**

<https://registration.kurash.org/>

